

THE PARKER COTTAGE BREAKFAST MENU



All our cooked food is made to order, as all good food should be, so please expect a preparation time of between 20 and 30 minutes per order. If you are in a hurry, please let us know.

To Get You Started...

A freshly prepared fruit parfait

African Fair Trade Coffee (served as filter, espresso, cappuccino, latte)

A selection of teas from around the world (Ceylon, Assam, Darjeeling, Earl Grey, Rooibos, Mint, Camomile, Green)

A choice of fruit juices (from local fruit growers)

Still or sparkling water served with fresh mint and lemon



The Sara Baartman

A platter of fresh fruit from Cape Town's markets

Plain Bulgarian unsweetened yoghurt or sweetened fruit yoghurt

Freshly baked muffins or other sweet treats



The Nelson Mandela

Your selection from: eggs as you like them (fried, scrambled, poached, boiled) sausage, bacon, tomatoes, mushrooms, baked beans, hash browns, onions, toast and sauces of choice.

Freshly baked muffins or other sweet treats



The Oliver Tambo

Our Plat du Jour (Special of the day)

Freshly baked muffins or other sweet treats



The Desmond Tutu

Omelette with a choice of filling (bacon, tomatoes, mushrooms, onions) and topping (cheese and herbs)

Freshly baked muffins or other sweet treats



The Robert Sobukwe

A selection from our cheeses and cold meats served with your choice of toast (wholewheat or white) or cheese biscuits

Freshly baked muffins or other sweet treats



The Helen Zille

Boiled or poached eggs with toast soldiers

Freshly baked muffins or other sweet treats